

Wider Curriculum Home Learning: Term 5 and 6

	Get Creative!	Let's Find Out!
Science and Computing	<p>Design and Make Your Own Balanced Meal</p> <p>With the help of your parents, plan and cook a balanced meal for the whole family. Here are 10 great recipes that you might like to choose from:</p> <p>Top 10 healthy meals for kids BBC Good Food</p> <p>If you are looking for an extra challenge, try adapting the recipe to make it even more balanced.</p> <p>We would love to see pictures or the recipe that you followed. So please bring them into class for us to look at!</p>	<p>Find Out About a Balanced Diet</p> <p>Use the BBC Bitesize website to watch a video and learn about what humans require to have a balanced diet.</p> <p>https://www.bbc.co.uk/bitesize/topics/z7x78xs/articles/zppvv4j</p> <p>Can you find examples of the following food groups in your house:</p> <ul style="list-style-type: none">• Carbohydrates give us energy. They are found in foods such as bread, potatoes and pasta.• Proteins help our bodies to repair themselves. They are found in foods such as fish, meat, beans, nuts, seeds, eggs and cheese.• Fats help store energy for our bodies. They are found in foods such as butter, cheese, nuts and fried food.• Fibre is important for helping us digest our foods. It's found in fruit and vegetables.
Time and Place	<p>Make a Map</p> <p>Make a map of your local surroundings. You might choose your room, house or garden. You might even choose to map the streets in your surrounding area or your local park.</p> <p>In order to help, why not use an online mapping tool like Google Maps to support you:</p> <p>https://maps.google.co.uk</p> <p>If you are looking for an extra challenge, why not try adding a key to your map.</p>	<p>Find Out About Vietnam</p> <p>This term we are comparing and contrasting our immediate surroundings with Vietnam. Why not find out as much as you can about Vietnam.</p> <p>You can use websites such as National Geographic Kids to help: Vietnam (nationalgeographic.com)</p> <p>Try to answer the following questions Where is Vietnam located? What is the climate like? Can you find out any facts or information about Vietnam? How is life in Vietnam similar to life in the UK? How is it different?</p> <p>If you are looking for an extra challenge, why not create an text or presentation about Vietnam.</p>

		<p>What else do you want to know about Vietnam? Why not think up some questions to ask Mr M- he used to live there.</p>
<p>Design and the Arts</p>	<p>Make A Puppet!</p> <p>Design and make a puppet with at least one moving part.</p> <p>Follow this link to find some instructions: STEM</p> <p>Think carefully about what characters you want to make? What materials will you use? How will you make the puppets move? What types of joint will you use?</p> <p>If you do create a puppet, please bring it in to show the rest of the class!</p>	<p>Find Out About Vietnamese Water Puppets</p> <p>This term we are comparing and contrasting our immediate surroundings with Vietnam.</p> <p>An important aspect of Vietnamese culture is traditional water puppets.</p> <p>What can you find out about water puppetry? With the help of an adult, can you find an example Vietnamese water puppetry? What techniques do they use? What stories do they tell?</p> <p>Please share what you find out with the rest of the class.</p>
<p>Sport Exercise and Health</p>	<p>Make Up Your Own Striking and Fielding Game</p> <p>In PE lessons this term we will play a game invented by Mr Luckhurst called it 'Kikit.' It includes elements of both cricket and football.</p> <p>Why not design your own new striking and fielding game?</p> <p>Examples of striking and fielding games include: Cricket Rounders Baseball Softball Stoolball</p> <p>Ask yourself the following questions about your new game: How many players are on each team? What is the pitch like? What objects are used? What do you use to strike? How do you score points? How do you get players out? What are the rules?</p> <p>Finally think of a name for your game and try playing it with friends at home or at school. We would love to see some examples of you playing this game!</p>	<p>Research Striking and Fielding Games</p> <p>Pick an striking and fielding game that you know already. Examples of striking and fielding games include: Cricket Rounders Baseball Softball Stoolball</p> <p>Use the internet to investigate where these games come from.</p> <p>Top Tip: You might want to use the word 'origins' in your key word search.</p> <p>This activity will be best completed with the support of an adult.</p> <p>If you are looking for an extra challenge, why create a timeline to help explain your findings. Please share your findings with the class. We would love to know what you found out.</p>