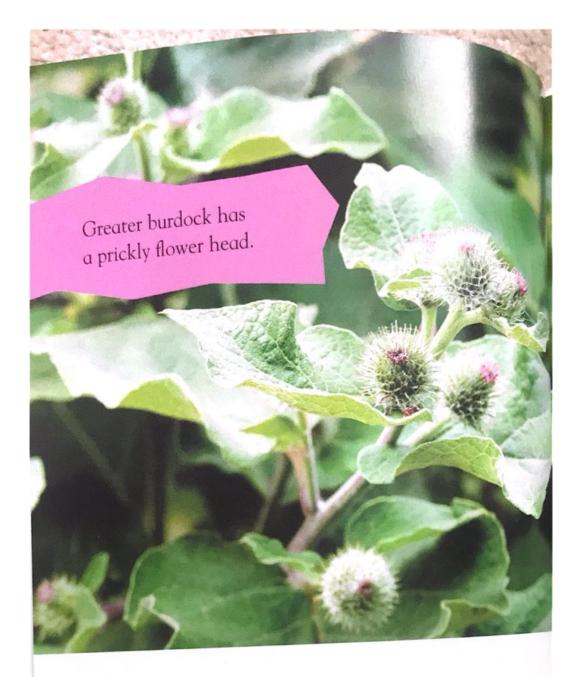
Chapter 3["] Into the forest

Stone Age people did not just eat meat. They gathered plants such as fruits, nuts and roots.

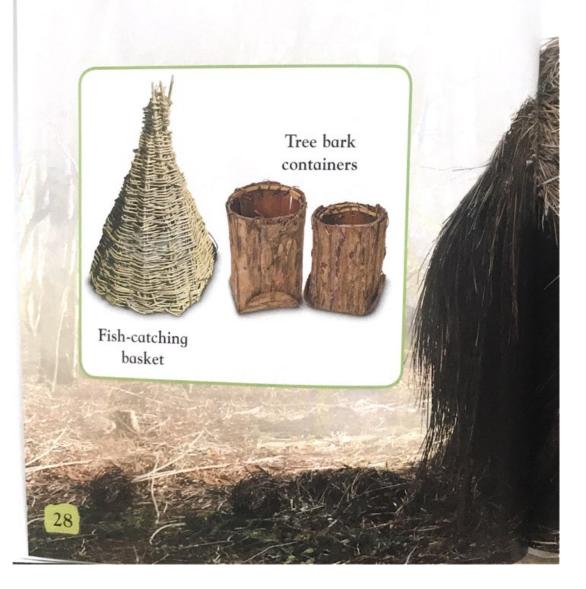


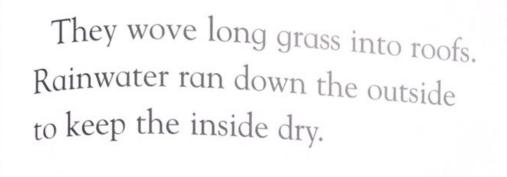


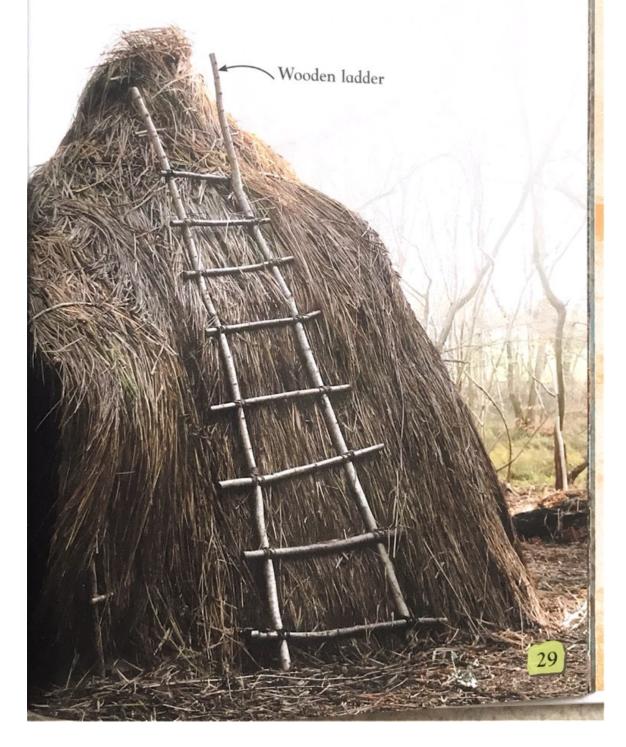
People also used plants for medicines. Some roots and leaves kept them healthy. They soaked burdock roots in hot water to make warm drinks.



People used bark from trees to make buckets. They used these buckets to carry and store food and water. They wove flexible branches into baskets to trap fish.







Making rope

Early people made rope from thin, strong plant stems. They used the rope to make traps and sew clothes.

> Nettle leaves sting

> > You will need: nettle plant

1. Strip the leaves from the stem.

