

## KS1 - What is Humanism?

This term we are going to meet Jayden and his family, who are Humanists. We are going to find out about how being a Humanist affects their decisions and choices in life.

Humanism isn't a religion, but a way of thinking and living. Humanists do not believe in God or gods. They believe that this is our only life, so it is very important to live a worthwhile, happy life for ourselves and others.



Hi! My name is Jayden, and I am in year 2. This is my Dad Toben.

Hi! My name is Taryn, and I am in year 5. This is my Mum Sarah and my baby sister Thandi.

**Week 1 - Learning question:** What is Humanism?

What do humanists believe makes us special?

What questions do you have about this week's learning question? Add your thoughts and questions to the thought bubble.

What is Humanism?  
What do humanists believe makes us special?



**Read** this quote from Stephen Fry, who is a Humanist.

‘A humanist is someone who will never tell you what to believe. We will never tell you what is absolutely true. We will never make claims that cannot be proven and that you cannot find out for yourself. We believe life is an adventure and that nobody knows the answers or the destination.’

**Stephen Fry, Patron of Humanists UK**



What things do you think are important to Humanists? Underline any words in the quote, which help you with your answer



These are the beliefs that my family try to live by.  
Read them carefully.



- Human beings are special and human life is valuable.
- We do not believe in a god or gods or believe we can't know if there is a god.
- Human beings can find different ways to be happy.
- Human beings should be good to each other.



How do you think these beliefs might help Jayden know how to behave?





Humanists believe human beings are **special** and **celebrate** the many positive things that human beings have achieved.

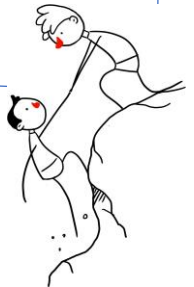
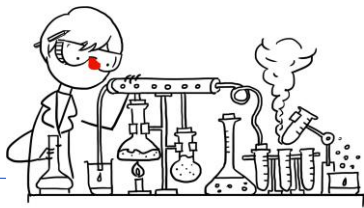


Why do you think Humanists think humans are so special?



What amazing things have humans achieved in our world?

**Write** as many things as you can think of in the box. Use the pictures to help you.



How could Jayden and his family celebrate all they have achieved as humans?

